

# Introduction to mentoring

## Who is the course for?

- Aspiring mentors
- Managers with mentoring within their role

## Course objectives

- To explore the nature of mentoring
- To understand the difference between mentoring coaching and training
- To explore and compare different models of mentoring
- To enable mentors to respond better to the needs of their mentees

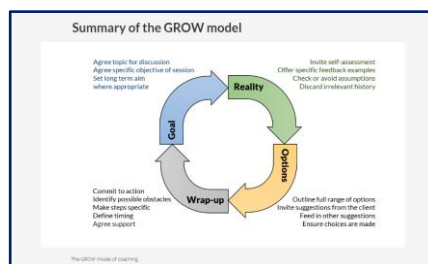
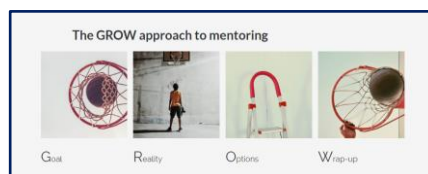
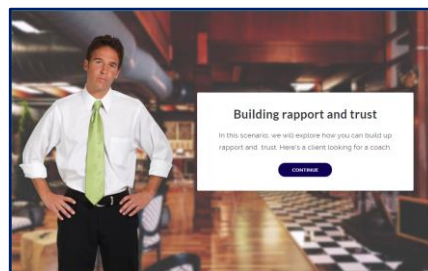
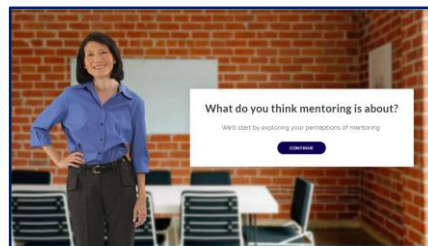
## Features

- Based on over thirty years' experience in leadership and management education
- Based on over twenty years' experience in online and blended education
- Can be implemented as a blended solution with an in-house mentor, and could lead to an ILM accredited qualification
- Cloud based software as service delivery to wide range of platforms

## Who are we?

AGLC have been trading for 10 years. We supply learning solutions to a wide range of organisations

This course is designed as an introduction to mentoring. The learning outcomes correspond to ILM Level 3 Unit 300 Understanding Good Practice in Mentoring within an Organisational Context.



from local small companies to the UK Dept of BEIS, Universities and the World Bank amongst other global agencies

## Content

### 1. Effective Mentoring

- The purpose of effective mentoring
- The role and responsibilities of an effective mentor
- The skills, knowledge and behaviours required of an effective mentor

### 2. Contracting in Mentoring

- Initiating a productive working relationship with an individual
- The rationale for and process of contracting in mentoring
- Safe legal and ethical practice in mentoring

### 3. Effective mentoring within your own workplace

- Managing a mentoring process using a recognised model
- Mentoring tools or techniques that can be used to identify preferences and agree goals
- Methods for monitoring and reviewing progress towards goals

### 4. Recording, reflection and supervision in mentoring

- The purpose of mentoring records for mentor and mentee
- The importance of reflective practice and supervision within a mentoring context